

Mental Health Resources

Howard County Medical Center

308-754-4421 ext. 632

Region III Behavioral Health Services

308-237-5113

308-346-5285

SOS Counseling - Grand Island

308-856-9949

Live-Well Counseling - Grand Island

308-381-7487

Nebraska Family Helpline

1-888-866-8660

-Substance Abuse & Mental Health Services Admin

(SAMHSA's National Hotline)

1-800-662-HELP (4357)

<https://findtreatment.gov/>



National Suicide Hotline

988

Mid-Plains Center for Behavioral Services

914 Baumann Dr. Grand Island, NE

308-385-5250

Richard Young

308-865-2249

Boys Town Behavioral Health

3230 W Wildwood Dr. Grand Island, NE

308-384-8851

Nebraska DHHS Addiction Treatment & Recovery

<https://dhhs.ne.gov/Pages/Addiction-Treatment-and-Recovery.aspx>



Nebraska Tobacco Quitline

1-800-Quit-Now (784-8669)

<https://dhhs.ne.gov/Pages/Get-Help-to-Quit.aspx>



Mental Health Resources

Veteran's Crisis Line

1-800-273-8255

or dial 988 and press 1

Community Relay

Communityrelay.com



Revive

2205 Osborne Dr E, Hastings, NE 68901

402-462-2066

Rural Response Hotline

1-800-464-0258

Children's Behavioral Health

Urgent Care

211 West 33rd St. Suite D

Kearney, NE 68845

308-236-2410